

PLANTS AND PEOPLE

Which of these could people use?

Be careful - some you could use, but some are poisonous!



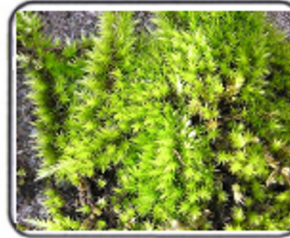
Bittersweet



Nettle



Yellow water lily



Moss



Horsetail



Ragwort



Crowberry



Hemp nettle



Birch



Pine



St John's wort



Reed



Tinder fungus



Rowan



Black nightshade



Meadowsweet



Knotgrass



Sorrel